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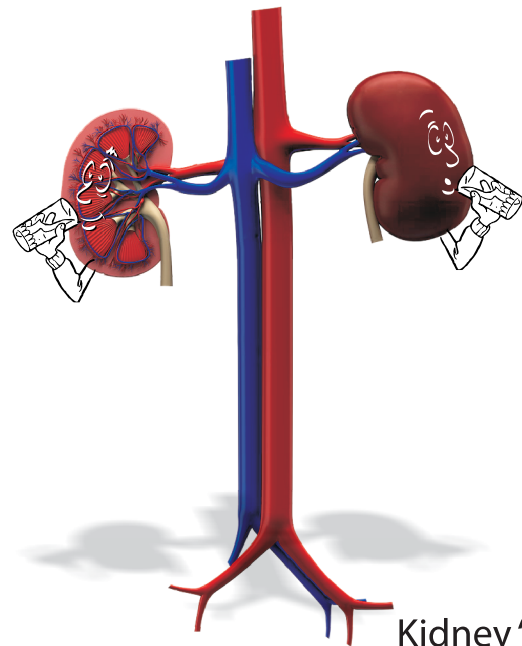
Dr. Vidyashankar P., - He did his MBBS from Gulbarga University in 1996. DNB from NBE, New Delhi, DM in Nephrology from KEM Hospital Mumbai. He did his Fellowship in CAPD from University Hospital Beijing (China). He is the Sr. Consultant Nephrologist & Renal Transplant Physician at Vikram Hospital Bengaluru.

Special Interest in:

- Intervention Nephrology
- Kidney Transplantation
- CAPD (Peritoneal Dialysis)
- Paediatric Nephrology
- Preventive Nephrology



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NEPHRO-URO
SPECIALITY CLINIC

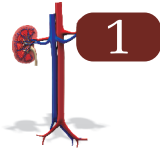


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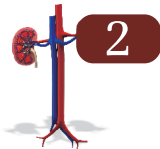
My name is dialysis.



1

I am called the "Kidney Twin" as I am engaged when the kidneys are not working properly and fail to take care of your body needs.

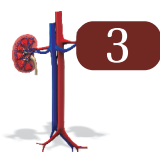
Like a healthy kidney



2

I also remove waste, salt and extra water to prevent them from building up in the body. It helps to keep the blood pressure in control too.

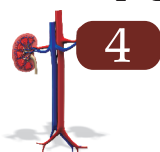
In some



3

cases of acute kidney failure, I am needed for a shorter duration, but in chronic or end stage kidney failure, I am needed for rest of the life.

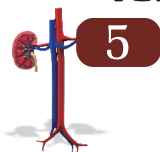
I do not



4

cure your kidney disease. You need to undergo my treatment for entire life, unless you are able to get a kidney transplant.

I am painless



5

except for some discomfort during the process. Like, when the needles are put into the veins and artery to make it easier for blood to move in and out of the body.

Meet my colleagues

"hemodialysis" and "Peritoneal Dialysis".



6

In "Hemodialysis" a blood is passed through a machine that purifies and returns it to the body.

In "peritoneal dialysis", process involves purifying the blood by flushing the abdominal cavity with a dilute salt solution.

Haemodialysis is done 2 to 3 times a week and takes 4 to 5 hours.

Peritoneal dialysis has to be done daily 3 to 4 times.

I make you

feel better. But some may feel sick, vomit, have headaches or cramps initially, during the process.



7

It goes away with frequent treatment.

When I am at work

you have to be on a special diet. You may not be able to eat everything you like.



8

Your diet may vary depending on who (Hemodialysis / Peritoneal Dialysis) is working on you.

Many of you

when being engaged with me, live a normal life, except for the time needed for treatments.



9

You and your family usually take some time to get used to my process.