

## After the examination

- ◆ After a cystoscopy, some patients may experience burning during urination and blood in the urine for a few days
- ◆ These symptoms will disappear more quickly if you drink plenty of fluids and empty your bladder frequently
- ◆ Your urologist will discuss any findings immediately after completing your cystoscopy

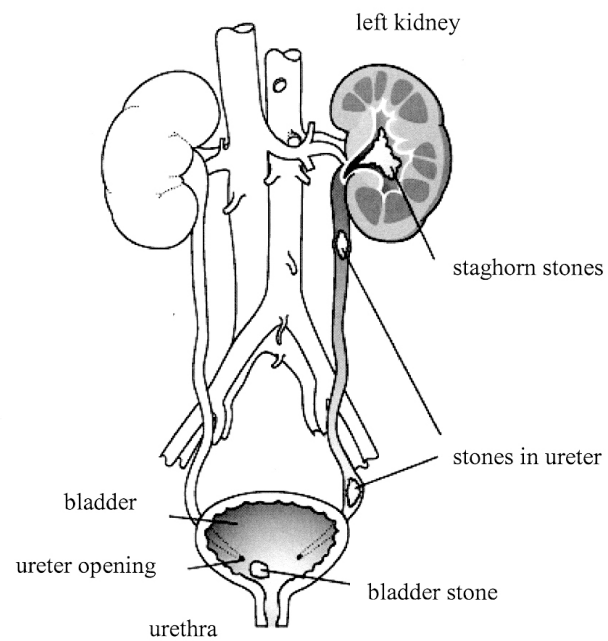


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## Results of all investigations

- ◆ You may be asked to make an appointment later to review the results of all investigations and to plan further tests or treatment as required
- ◆ Medication may also be prescribed following your cystoscopy, if appropriate



**Dr. Ravish I. R.** - He did his MBBS & MS (General Surgery) at JSS Medical College Mysore and MCh (Urology) from JNM Medical College Belgaum in the year 2007, followed by Fellowship in Paediatric Urology from KLES, Belgaum and later did his Fellow in Paediatric Urology from University of Minnesota (USA) in the year 2008. He presently has formed a formidable team to deliver the best in Paediatric Urology. He is the Sr. Urologist at Vikram Hospital, Bengaluru which consists a team of Urologist & Nephrologist.

#### Special Interest in:

- Paediatric Urology
- Laser Urology
- Laparoscopy

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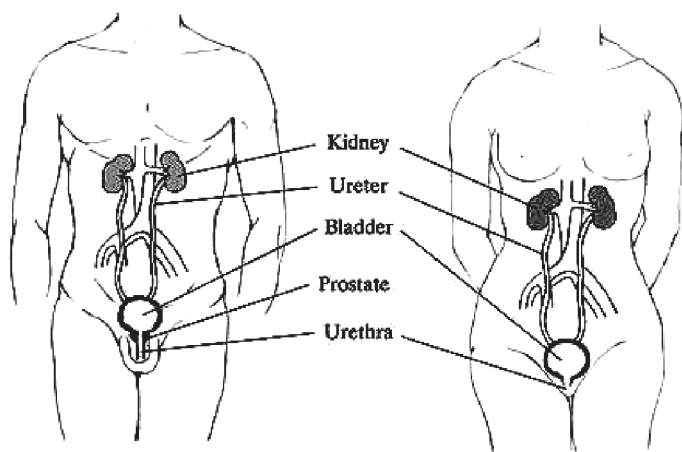
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# Cystoscopy

- ◆ The investigation of urinary tract problems often requires visual examination of the bladder and its drainage system
- ◆ This examination is called a cystoscopy
- ◆ Cystoscopy may be performed in your urologist's examination room or at your local hospital
- ◆ The location, date and time of the cystoscopy will be specified so that you can make any necessary arrangements



# The examination

- ◆ On the day of your examination you may be asked to undress and put on a gown
- ◆ A nurse will ask you a few questions and explain the examination procedure
- ◆ At the appropriate time, you will be taken to an examination room where you will lie down on a special bed
- ◆ Your legs may be elevated and supported in stirrups

# Sterile technique

- ◆ Cystoscopy is performed using sterile technique
- ◆ This means that care is taken to prevent any bacterial from entering the bladder and causing infection
- ◆ Before the examination begins, an antiseptic solution is used to clean the genital area, which is then covered with a sterile sheet

# Urinary passage

- ◆ Local anesthetic ("freezing jelly") may be applied to the urinary passage (urethra) to numb its lining
- ◆ During the cystoscopy, you will be awake and aware of being touched, but any discomfort should be tolerable

# Your urologist

- ◆ If additional tests are planned, your urologist may recommend that you receive an anesthetic
- ◆ In these cases, another specialist doctor, the anesthesiologist, will explain how you will be kept comfortable with sedation or by being "put to sleep"
- ◆ You will be asked not to eat or drink anything for a number of hours before your cystoscopy if an anesthetic is to be used

# Urethra and bladder

- ◆ Cystoscopy is performed by passing a narrow tube (the cystoscope) through the urinary opening, along the urethra and into the bladder
- ◆ It is important that you relax during the examination
- ◆ The bladder is then filled with sterile water and special lenses are used to examine every part of its lining
- ◆ The prostate and urethra are also examined, if appropriate

# Anesthetic is required

- ◆ The entire examination normally takes no more than a few minutes and you should be able to resume your usual activities immediately, unless an anesthetic is required
- ◆ You will be monitored until your anesthetic has worn off completely
- ◆ The use of an anesthetic requires that you arrange to be driven home because of its potential prolonged sedating effects
- ◆ You should be able to resume all your usual activities by the next day

